



Trading Symbol: TSXV: BMC  
Shares Outstanding: 166,283,160

News Release No. 1-13  
January 7<sup>th</sup>, 2013

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## **Buchans Minerals Grants Options**

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**Buchans Minerals Corporation (BMC-TSX-V)** ("Buchans Minerals" or the "Company") announces the grant of 635,500 options to an aggregate of 4 directors, officers and employees of the Company. Each option is exercisable for one common share of Buchans Minerals until January 7<sup>th</sup>, 2018 at an exercise price of \$0.10. All of the options vest immediately.

### **About Buchans Minerals:**

Buchans Minerals is an Atlantic Canada based resource company that has three main assets that include its 100% owned base metal properties near Buchans in central Newfoundland (joint ventured to Minco plc.), its 100% owned manganese property located near Woodstock in New Brunswick (also joint ventured to Minco plc.) and its 50% owned gold and copper Long Range Property in central Newfoundland.

Neither the TSX-V nor its Regulation Services Provider (as that term is defined in the policies of the TSX-V) accepts responsibility for the adequacy or accuracy of this release, and no securities regulatory authority has either approved or disapproved of the contents of this release.

### **FOR FURTHER INFORMATION, PLEASE CONTACT:**

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